

SENATE JOINT RESOLUTION 37

By Haile

A RESOLUTION to designate February 22, 2023, as  
"Hypertrophic Cardiomyopathy Awareness Day"  
in Tennessee.

WHEREAS, hypertrophic cardiomyopathy (HCM) is a chronic cardiovascular disease that involves thickening of the heart muscle and can potentially lead to debilitating symptoms and serious complications, including heart failure, atrial fibrillation, stroke, and, in rare cases, sudden cardiac death; and

WHEREAS, HCM is the most common inheritable heart disease and can affect anyone, regardless of age, gender, or ethnicity, with a reported prevalence ranging from 1 in 200 to 1 in 500 in the general population; and

WHEREAS, an estimated 700,000 people in the United States have HCM, yet 85 percent of them may remain undiagnosed; and

WHEREAS, HCM shares symptoms with other common cardiovascular and pulmonary diseases, such as shortness of breath, chest pain, fatigue, palpitations, and fainting, making it difficult to distinguish HCM from these other diseases; and

WHEREAS, all-cause mortality risk is three to four times higher in patients with HCM than that of the general population; and

WHEREAS, knowing one's medical history and any signs and symptoms of HCM is an important first step in receiving an accurate diagnosis of HCM; and

WHEREAS, a healthcare provider must conduct a thorough screening with cardiac health questions to help identify a risk of cardiac disorders both genetic and congenital; and

WHEREAS, a healthcare provider may conduct several tests, including an echocardiogram, a cardiac MRI, or genetic testing to confirm a family history of HCM, and must examine the heart to diagnose HCM; and

WHEREAS, following a diagnosis of HCM, it is important for patients to work with their healthcare provider to learn more about their disease and understand different management options, including prescription medicines and surgical treatment options that may help; now, therefore,

BE IT RESOLVED BY THE SENATE OF THE ONE HUNDRED THIRTEENTH GENERAL ASSEMBLY OF THE STATE OF TENNESSEE, THE HOUSE OF REPRESENTATIVES CONCURRING, that we designate February 22, 2023, as "Hypertrophic Cardiomyopathy Awareness Day" in Tennessee, acknowledging the critical importance of hypertrophic cardiomyopathy awareness to improve cardiovascular health and raising awareness of the consequences of undiagnosed and untreated hypertrophic cardiomyopathy and the need to seek appropriate care for hypertrophic cardiomyopathy as a serious public health issue.

BE IT FURTHER RESOLVED, that an appropriate copy of this resolution be prepared for presentation with this final clause omitted from such copy and upon proper request made to the appropriate clerk, the language appearing immediately following the State seal appear without House or Senate designation.